

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5	6 Track Information Meeting 2:00pm-2:55pm	7 NO PRACTICE	8
9	10 HA Track All Team Practice 2:00pm-3:30pm	11 HA Track All Team Practice 2:00-3:30pm	12 HA Track All Team Practice 2:00-3:30pm	13 RBMS Uniforms/All Team 2:00-3:30pm	14 NO PRACTICE	15
16	17 18 19 20 21 April Vacation! Make time to stretch, exercise, play outside, eat your fruits and veggies, and get plenty of rest!					22
23	24 HA Track All Team Practice 2:00-3:30pm	25 **Track Meet @ Hampden**	26 RBMS Throwers and Sprinters 2:00-3:30pm	27 HA Track Distance Runners, Jumpers, Hurdlers 2:00-3:30pm	28 RBMS Throwers and Sprinters 2:00-3:30pm	29